

HYDRILLA

FOOD COMPOUND VITAMIN

Hydrilla, a fresh water vibrant green plant, is a nutrient powerhouse abundant in vitamins, minerals, trace minerals and several health-promoting food compounds. Research has shown populations that consume a diet rich in food compounds have an associated decreased risk of developing degenerative health conditions and improved health. This direct association is related to the vital roles food compounds exhibit in the body, including acting as potent antioxidants, immune stimulators and detoxifiers.

THE ULTIMATE SUPERFOOD

The health benefits of aquatic green foods have been revered for many years as nutritional SuperFoods. The term SuperFood is used to describe a food that is naturally concentrated in vital nutrients, enzymes, amino acids and a myriad of beneficial food compounds necessary for optimal health. Both aquatic foods and grasses are considered SuperFoods, yet they all differ in the amounts and ratios of nutrients they contain. The synergistic complex of nutrients found in Hydrilla offers you the nutrition you need to fortify the immune system, build and nourish healthy cells, and provide you with natural energy from a whole food. Hydrilla has also been shown to be effective as a muscle builder, energy enhancer, skin restorer, assist in weight loss, and support bone health.

Hydrilla is readily assimilated into the body, making it a convenient way to supplement your diet with a nutrient-dense and balanced whole food. Since Hydrilla is nutrient dense, very little is required to achieve a significant nutritional benefit.

SUPERIOR NUTRIENT CONTENT

Hydrilla is far superior in almost every nutritive value when compared to other aquatic green foods. Based on average analysis, Hydrilla is superior in Calcium, Magnesium, Manganese, Potassium, Zinc, Copper, Vitamins B1, B2, B5, B6, B12, Vitamin C and Vitamin E. In addition, Hydrilla has an abundant source of the food compounds Beta-carotene and Chlorophyll, two colorful pigments responsible for Hydrilla's bright and energizing green color. Beta-carotene and Chlorophyll both act as potent detoxifiers and antioxidants in the body. Interestingly, Chlorophyll has a molecular struc-

ture very similar to the molecular structure of the human red blood cell, and it is known to be an excellent natural blood builder.

Hydrilla is also rich in the antioxidant nutrients Selenium and Vitamin E, as well as GLA (Gamma Linolenic Acid), a vital fatty acid for optimal health. Another one of Hydrilla's remarkable nutritional qualities is its high protein content: 50-60 percent, with all the essential amino acids including a high content of Lysine.

Hydrilla is a rooted macrophyte (aquatic plant), organically grown in pristine fresh-waters of the Southern United States. At first, the Department of Agriculture considered Hydrilla to be a problematic weed, and went to great lengths and cost to eradicate it. However, wherever it was eradicated, fish populations dramatically decreased. Once reintroduced, fish populations increased and were leaner and healthier. Since Hydrilla was a part of the fish's diet, scientists investigated the nutritional value of Hydrilla, and they were surprised at how nutrient dense it was.

HYDRILLA'S ROOTS

Hydrilla's nutrient density is attributed to its root structure, which grows deep into pure subterranean soil that has an abundance of essential and trace minerals. Other well-known aquatic green foods such as spirulina or blue green algae, live on top of fresh water where it absorbs nutrients as well as contaminants from the water surface and airborne contaminants. Hydrilla, being a rooted plant, is protected from airborne and floating contaminants, making it a cleaner aquatic plant. In addition, submerged aquatic plants like Hydrilla accumulate nutrients from both the soil and water. This gives them the ability to absorb more nutrients than surface plants. This advantage is especially true of mineral content. Submerged macrophytes have a higher concentration of calcium, magnesium, phosphorus and trace minerals.



Supplement Facts

Serving Size 1 Capsules

Amount per Serving	% Daily Value ▼
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Hydrilla verticillata 50:1	400 mg **
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Total Hydrilla Weight is 20,000 mg.

Other Ingredients:

Rice flour, cellulose, vegetable lubricant.

**Daily Value not established.

What makes Hydrilla special?

- Wild harvested, rooted freshwater algae.
- Rich in trace minerals and essential nutrients such as Calcium, Magnesium & B12.
- Enhances nutrient utilization.
- Supports general well-being.
- Grown in pristine fresh water.
- Natural Blood Builder.
- 100% Vegetarian.

To preserve the nutrient content of Hydrilla, each batch of fresh wild-harvest plant material undergoes a very precise five stage process. The five stage process includes a pressure wash and bath system to remove bacteria and micro-organisms. The cleaned Hydrilla is then carefully dehydrated at low temperatures to remove the moisture without damaging the living enzymes and nutrients found within the plant. The resulting green powder is an exceptional, live whole food. The final milled powder is tested and assayed to be free of bacteria, mold, yeast and herbicides.

VITAMINS ALONE ARE NOT ENOUGH

As the demand for dietary supplementation grew, vitamins and minerals were pharmaceutically isolated and manufactured into pills without food. Unfortunately, scientists noticed that the biological activity of these isolated nutrients was notably lower than the activity of the same nutrients combined with other compounds contained in food. To compensate for the lost biological activity of synthetic vitamins and minerals, higher doses were recommended. For decades, people assumed that if they took a "complete" multi-vitamin, they would be getting all the nutrients they needed for

good health. New research has shown that high dosages of vitamins and minerals cannot replace the health benefits of the missing food compounds. As scientists discovered the powerful health-promoting activities of food compounds in the body, and their interaction with other nutrients, it became clear that vitamins and minerals alone are not enough for optimal health. Food compounds are the key to complete nutrition and wellness.

For a healthy nutritional foundation take RightFoods™ Hydrilla with one of the following Food Compound Vitamins from RightFoods™: Complete Life™, Women's Daily™, Men's Daily™, One Daily™, Women Over 40™, Women's One Daily™, Men's One Daily™, or Senior's Daily™. It is prudent to consult with your health care professional and/or pharmacist before taking supplements with prescription or over-the-counter medications. Additional RightFoods™ Food Compound Vitamins available are: UnStress™, Daily Bone Care™, Daily Minerals™, Prostate Care™, and Daily C-500™.

All of RightFoods™ products are FREE from Corn, Dairy, Wheat, and Yeast.
All are formulated WITHOUT Artificial Colors, Flavors, Sugars, or Preservatives.

Free of GMOs based on average analysis.
Tested Six Times For Potency And Purenness.

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