

Best
Before:
Lot #:

WOMEN'S ONE DAILY™

WHOLE FOOD NUTRIENTS



Nutritional Support for
Optimal Health & Vitality*

Enhances Well-being*

Nutrient Rich Whole Foods

Supports Function of All Systems*



PROFESSIONAL
THE RIGHT FOODS

Dietary Supplement

30 Food Tablets

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Rev 4: 11/06

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% Daily Value	
Vitamin A(Vitamin A†, Carrot*)	5000 IU	100
Vitamin C(Vitamin C, Orange*)	100 mg	167
Vitamin D(D3, Alfalfa*)	200 IU	50
Vitamin E(Tocopherols, Flax*)	100 IU	335
Vitamin K(K1, Kale*)	60 mcg	75
Thiamine(B1, Rice Bran*)	10 mg	667
Riboflavin(B2, Pumpkin Seed*)	10 mg	588
Niacin(B3, Green Papaya*)	20 mg	100
Vitamin B6(B6, Green Pepper*)	10 mg	500
Folic Acid(Folate, Onion*)	400 mcg	100
Vitamin B12(B12)	50 mcg	833
Biotin(Biotin, Tomato*)	300 mcg	100
Pantothenic Acid(B5, Cranberry*)	20 mg	200
Calcium(AAC†, Hydrilla*)	50 mg	5
Iron(AAC†, Kudzu*)	10 mg	55
Iodine(Kelp*)	100 mcg	67
Magnesium(AAC†, Alfalfa*)	25 mg	6
Zinc(AAC†, Black Currant*)	10 mg	67
Selenium(AAC†, Shiitake*)	50 mcg	71
Copper(AAC†, Lemon Peel*)	200 mcg	10
Manganese(AAC†, Wild Blueberry*)	2 mg	100
Chromium (GTF***)(AAC†, Apple*)	50 mcg	42
Molybdenum(AAC†, Spinach*)	25 mcg	33
Carotenoids(Beta Carotene, Carrot*)	5000 IU	**
Potassium(AAC†, Cabbage*)	15 mg	**
Inositol(Inositol, Orange Peel*)	10 mg	**

Amount per Serving	% Daily Value
Choline(Choline, Rice Bran*)	10 mg **
Vanadium(AAC†, Flax*)	50 mcg **
Complete Active Range™ Herbal Extracts	
Chaste Tree Berry 5:1 (Agnusides from 125 mg*)	25 mg **
Raspberry Leaf 4:1 (Polyphenols, from 60 mg*)	15 mg **
Licorice Root 4:1(Triterpenes, from 60 mg*)	15 mg **
Nettle Leaf 4:1(Glycosides, from 40 mg*)	10 mg **
Ginger Root 5:1(Gingerols, from 50 mg*)	10 mg **
Yellow Dock Root 4:1 (Glycosides, from 40 mg*)	10 mg **
Green Oat Seed 4:1(C-glycosyl, from 40 mg*)	10 mg **
Complete Active Range™ Food Compounds:	
Terpenes (Carotenoids: Kelp 3:1, Carrot 15:1), (Limonoids: Orange 3:1, Lemon 3:1), (Saponins: Alfalfa 3:1), (Lycopene: Tomato Extract 15:1); Phenols (Betanin: Beet 4:1), (Anthocyanins: Cranberry 15:1, Wild Blueberry 50:1), (Flavonoids: Citrus 3:1, Acerola 4:1, Rose Hips 4:1), (Isoflavones: Kudzu 10:1); Amines (Chlorophyll: Hydrilla 50:1), (Enzymes: Green Papaya 4:1); Polysaccharides (Rice Bran 3:1, Shiitake 3:1), (Pectin: Apple 3:1); Organosulfurs (Indoles: Cabbage 10:1), (Sulforaphanes: Broccoli 20:1), (Isothiocyanates: Kale 15:1), (Thiosulfonates: Onion 17:1); Lipids (Omega-3: Flax 10:1), (Sterols: Pumpkin Seed 4:1), (Isoprenoids: Spinach 12:1) Organic Acids (Ellagic Acid: Black Currant 4:1), (Coumaric Acid: Green Pepper 5:1) . . . 333 mg **	
Total Food & Herb Fresh Weight is 4,293 mg.	

Recommended Usage: One tablet daily, with or without food.

Other Ingredients: Guar Gum, Vegetable Lubricant, Food Glaze.

* Food extract with potency up to 50 times their actual weight.

** Daily Value not established. *** GTF (Glucose Tolerance Factor)

† Amino Acid Chelates are superior to many other mineral forms.

‡ Carotenoids including Lutein, Zeaxanthin, Cryptoxanthin, Alpha-Carotene, and Lycopene.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

BioSan Laboratories, Inc.
An FDA Registered
Establishment,
PO Box 25, Windham,
NH 03087 USA

SOLD THROUGH PROFESSIONALS