

DAILY ANTIOXIDANT™

FOOD COMPOUND VITAMIN

The body is continuously exposed to damaging molecules called free radicals. Free radicals are a result of environmental factors, such as pollution, household chemicals, pesticides, and are created by normal metabolic reactions in the body. Substances that have the ability to protect the body from free radicals are called antioxidants.

Antioxidants have the unique ability to neutralize free radical molecules and create stable molecules that do not cause damage. Although the body has natural defenses and antioxidant stores to ward off free radicals, they are both constantly overworked and often require strengthening and replenishing, respectively. Without ample amounts of antioxidants, the body is more susceptible to developing health conditions that are linked to free radical damage.

Daily Antioxidants™ is designed to nutritionally support the body's defensive system against damaging free radicals.

PROTECTIVE FOOD COMPOUNDS

RightFoods™ **Daily Antioxidants™** is an advanced combination of the potent antioxidant nutrients: Selenium, Zinc, Vitamins C, and E, Alpha Lipoic Acid, N-Acetyl Cysteine, L-Glutathione, and CoEnzyme Q10. Each nutrient is skillfully combined with a nourishing whole food extract. RightFoods™ whole food extracts are naturally rich in vitamins, minerals, and a multitude of beneficial food compounds. Current research has revealed food compounds to be potent antioxidants and detoxifiers that have an essential role in maintaining the health of bodily tissues and cells. It has been

POTENT ANTIOXIDANTS

RightFoods™ has carefully selected what many health care professionals believe to be the four most important protectors against free radicals: Alpha Lipoic Acid, N-Acetyl Cysteine, L-Glutathione, and Coenzyme Q10. Although these four nutrients are present in the body, supplementing them is important because they are constantly being utilized, and their levels decline as we age.

L-Glutathione Often called the "master" antioxidant, it is readily found in the interior of our cells, where it protects our body's genetic material (DNA) from free radicals. Without optimal levels of L-Glutathione cellular damage may occur.

Alpha Lipoic Acid Considered the second most important protector due to its unique solubility in the body. Our cells and tissues are composed of two different environments, either watery, like blood, or fatty like cell membranes. Most other antioxidants are soluble in only one of these environments. Alpha Lipoic Acid is soluble in both, allowing it to protect all health systems of the body. Alpha Lipoic Acid helps stimulate the body's production of L- Glutathione.

N-Acetyl-L Cysteine An amino acid that is required for the body to produce L-Glutathione. More important, N-Acetyl-L Cysteine is a strong detoxifier and is known to help stimulate the activity of toxin-eliminating enzymes in the body. The body's ability to remove toxins efficiently is important for maintaining cellular health.

Coenzyme Q10 Has been shown to exhibit protective and supportive properties, particularly of the cardiovascular system.

proven, a diet comprised mostly of fruits, vegetables, and whole grains, is an essential element to achieve and maintain good health. These are the foods rich in antioxidant food compounds. Since the average American diet lacks enough servings per day of these foods, it is important to choose an antioxidant formula that provides a Complete Active Range™ of protective food compounds from a variety of whole foods.

COMPLETE ACTIVE RANGE

Each of the thousands of identified food compounds has been placed by its organic structure into one of the seven classes: terpenes, organosulfurs, phenols, organic acids, polysaccharides, lipids, and amines. A diet that includes all seven classes is vital to optimal health because each food compound class exhibits unique antioxidant and detoxifying activity in the body. **Daily Antioxidants™** contains a select group of 26 foods to fully represent each food compound class. This representation is called the Complete Active Range™, a quality unique to RightFoods™ Food Compound Vitamins. To ensure you are getting optimal antioxidant protection from a Complete Active Range™ of food compounds, choose **Daily Antioxidants™** from RightFoods™.



Supplement Facts

Serving Size 2 Tablets

Amount per Serving		% Daily Value ▼
Vitamin C	(Vitamin C, Orange)	250 mg 417
Vitamin E	(Tocopherol, Flax)	100 IU 333
Zinc	(AAC†, Black Currant)	10 mg 67
Selenium	(AAC†, Shiitake)	100 mcg 143
Carotenoids	(Beta Carotene, Carrot)	5000 IU **

Complete Active Range™ Advanced Antioxidant Factors:

N-Acetyl-L-Cysteine		50 mg **
L-Glutathione		10 mg **
Coenzyme Q-10		5 mg **
Alpha Lipoic Acid		5 mg **

Complete Active Range™ Herbal Extracts:

Turmeric Root 10:1	(Curcuminoids, from 200 mg*)	20 mg **
Ginger Root 5:1	(Gingerols, from 100 mg*)	20 mg **
Rosemary 4:1	(Rosmarinic Acids, from 40 mg*)	10 mg **
Milk Thistle Seed 4:1	(Silymarins, from 40 mg*)	10 mg **
Grape Seed Extract 5:1	(Resveratrol, from 50 mgs*)	10 mg **

Complete Active Range™ Food Compounds:

Terpenes (Carotenoids††: Carrot 3:1), (Limonoids: Orange 3:1, Lemon 3:1), (Saponins: Alfalfa 3:1), (Lycopene: Tomato Extract 4:1); **Phenols** (Betanin: Beet 3:1), (Anthocyanins: Cranberry 25:1, Wild Blueberry 7:1), (Flavonoids: Citrus 3:1, Acerola 4:1, Rose Hips 4:1), (Isoflavones: Kudzu 10:1); **Amines** (Chlorophyll: Hydrilla 50:1), (Enzymes: Green Papaya 3:1); **Polysaccharides** (Rice Bran 3:1, Shiitake 3:1), (Pectin: Apple 3:1); **Organosulfurs** (Indoles: Cabbage 3:1), (Sulforaphanes: Broccoli 5:1), (Isothiocyanates: Kale 3:1), (Thiosulfonates: Onion 3:1); **Lipids** (Omega-3: Flax 3:1), (Sterols: Pumpkin Seed 4:1), (Isoprenoids: Spinach 3:1); **Organic Acids** (Ellagic Acid: Black Currant 3:1), (Coumaric Acid: Green Pepper 5:1). 500 mg **

Total Food & Herb Fresh Weight is 11,330 mg.

Other Ingredients: Guar Gum, Vegetable Lubricant, Food Glaze.

PROTECTIVE HERBS



Tonic whole herb extracts contain an array of food compounds that help support the body's defense system. The following herbs were included in **Daily Antioxidants™** for their strong antioxidant activity:

- Turmeric** Known to support the health of the liver and cardiovascular system.
- Rosemary** Contains the antioxidant compound *Rosmarinic acid*, a highly efficient antioxidant.
- Milk Thistle Seed** Contains the antioxidant compound *Silymarin* and is known to normalize liver function. The liver is the primary detoxification system of the body.
- Grape Seed Extract** Contains the antioxidant compound called *Resveratrol*, and has been shown to promote the health of many systems in the body.
- Ginger** Helps liberate the antioxidant properties of other herbs by aiding in their digestion and to further enhance their bioavailability.

Daily use of tonic whole herb extracts is safe and helps to promote good health. RightFoods™ exclusively uses Complete Active Range™ whole herb extracts that, unlike many other types of herb extracts, contain after extraction all of the original compounds that each herb contained before extraction.

Lester Packer, a leading authority on antioxidants, says that vitamins C and E and three substances that the body produces itself, alpha-lipoic acid, CoQ-10, and glutathione are your body's first line of defense.

Excerpt from, "The Color Code" James Joseph

For a healthy nutritional foundation take **Daily Antioxidants™** with one of the following Food Compound Vitamins from RightFoods™: Complete Life™, Women's Daily™, Men's Daily™, One Daily™, Women Over 40™, or Senior's Daily™.

It is prudent to consult with your health care professional and/or pharmacist before taking supplements with prescription or over-the-counter medications.

All of RightFoods™ products are FREE from Corn, Dairy, Wheat, and Yeast.
All are formulated WITHOUT Artificial Colors, Flavors, Sugars, or Preservatives.
Free of GMOs based on average analysis. Tested Six Times For Potency And Purity.

RightFoods™, Inc.

An FDA Registered Establishment

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Questions? Please call 800-634-6342, or speak directly to your health care professional.

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